

## BrainFinders™ – Head Detectives Association

Uses theme music – two or more Pilots dressed as detectives or some type of costume perhaps props like magnifying glasses. When they announce they are BrainFinders they could put on hats or glasses with moustaches.

This script is designed for civic presentations and addresses memory and associations. Create a light-hearted, humorous atmosphere.

Open with either music or handclapping – Two Pilots enter energetically.

**Pilot 1:** Hi, I'm \_\_\_\_\_

**Pilot 2:** and I'm \_\_\_\_\_

We are members of the **Pilot Club**

of \_\_\_\_\_

**Pilot 1:** Our mission is to improve the quality of life in communities around the world.

**Pilot 2:** We are here to help improve the quality of your brain today because... that is our signature program... education and information about the brain and brain disorders.

**Pilot 1:** You may have heard about our educational program for children...

**Pilot 2:** **BrainMinder Buddies** are teaching children how to Play Safe and Play Smart and to protect

their brain for life. The ONLY cure for brain injury is the prevention of a brain injury.

**Pilot 1:** Today we are...

*(turn around away from audience to put on disguise and then turn around and announce together)*

*(stand in front of audience in Superman pose and go to dramatic delivery)*

**P 1 & P2:** BrainFinders!!! Head Detective Agency... If you mind it... you find it!

**Pilot 1:** Have you ever experienced a case of the MISSING KEYS??? *(dangle keys)*

**Pilot 2:** *(dramatically)* OR mysteriously disappearing GLASSES??? *(hands probing face for glasses that are not there)*

**Pilot 1:** We are here to show you how to *(flourish)* “Protect your brain for life” ... give you some memory tips *and* to help you build new brain cells.

**Pilot 2:** - How do you remember where you put your keys, glasses and other things that are important to you? That is pretty easy...

**Pilot 1:** (*holds up a small box or basket*) Make a BrainFinder Box or basket!

**Pilot 2:** OR... you can just go buy one. (*smiles broadly at audience*)

**Pilot 1:** (*rolls eyes*) Whatever! The idea is you can have one of these in your house or one in every room. The trick is - when you are getting ready to put something down that you'll need to find in the next 24 hours... tell yourself... Brain... Box. Look at your keys or glasses or item and tell it... "you are going in the brain box."

**Pilot 2:** and if it doesn't argue with you... you have won half the battle. (*grin*)

**Pilot 1:** Okay, Sherlock... the idea is when you have a place to visually put it and you are holding the object... tactile... and you speak out loud...

auditory ... you have just notified three portions of your brain where you are locating your item.

**Pilot 2:** You are right... you can do the same thing when you are locking the door or doing something automatically that you will want to remember later... seeing it in your hand and verbally making a note to yourself out loud.

**Pilot 1:** Making mental notes is a good thing - however, they usually don't stay very long because you need to use other anchors to weigh them down in your brain cells. Writing it down is helpful unless you are like me and lose the paper. Write it down three times and you won't need the paper. Repeating it out loud three times also is cool.

**Pilot 2:** And why is that?

**Pilot 1:** Because you are actively employing more brain cells and creating basically a path that you are virtually walking over several times, you know a well-trod path will take you home.

**Pilot 2:** (*looks quizzically at Pilot 1*)

**Pilot 1:** U-m-m-m... to somebody's home?... somewhere you have been before?? You know what I mean!  
Okay... a neuro pathway!

**Pilot 2:** That's why we are NOT going to do any math brain tricks folks. We are sticking to the basics.

**Pilot 1:** Seriously – we all have different ways to learn. Many times we have more than one – The majority of people are visual learners, and some learn better by listening... some must write it down or physically follow instructions as someone reads the instructions to them. Just for our edification – how many people here today feel you learn better by seeing how it is done. To quote Yogi Berra – “The more you observe the more you see.” Raise your hands (*count hands estimate percentage if it is over 50% that is typical*) How many of you believe you learn better by listening. Raise your hand... if you are a combo you can raise your hand too. (*usually less than half*) Finally... Scientific study number three... raise your hand if you learn

better by doing or writing... Ah... more combos and a few triple combos...

**Pilot 2.** Let me get this straight... I'm pretty much a visual learner so I come home late at night, I'm tired... I have keys in my hand... How am I going to remember all of that???

**Pilot 1.** As you walk in the front door or whatever door you walk into... there is your Brain Box or Basket. The experts say in the beginning if you will make a promise to yourself and commit to using your brain box everyday with regularity... it becomes a habit. When you walk in the door your hand is in the habit of going to the Brain Box which is visually in your path. There YOU go...

**Pilot 2.** How many in the audience think that will be helpful to you in the future?

Really??? !! (*looks shocked*)

**Pilot 1.** Okay, Sherlock let's take a quick look at some things that we need to do at home to help protect our brains for life and prevent brain injury. Did

you know that your bathtub is one of the most dangerous places in your house?

**Pilot 2.** My dear, Watson... that makes a lot of sense – slippery, wet, awkward... all the clues are there. No matter what your age or agility factor you will benefit from a grab bar, and a good tub mat or surface to keep you from slipping. Many don't realize that a nasty fall in the tub could easily result in a stroke or death. More dangerous than a playground jungle gym... and who would suspect??  
*(said dramatically)*

**Pilot 1.** We have more suspects in the house... any one of which could be dangerous and leave you disarmed.

**Pilot 2.** Do tell.

**Pilot 1.** Rugs! Especially fluffy sliding rugs on hardwood floors... however, there may be some malevolent orientals out there curling up just enough to trip up an unsuspecting foot. A study recently found that the single most frequent cause

for falls was from tripping over the edges of rugs and carpets. I believe Dick Van Dyke started that trend...

*(Pilot 2 looks at Pilot 1 in dismay and then quizzically at audience)*

**Pilot 1.** You know I had an Aunt that kept all the lights very low in her house... it started out so you wouldn't see the dust and then they got lower so you wouldn't see the wrinkles... but she finally gave it up...

**Pilot 2.** Why was that?? Her vision got worse?

**Pilot 1.** No... She kept running into walls and furniture and the black eyes and broken bones just weren't worth it.

*(Pilot 2 looks at Pilot 1 in dismay and then quizzically at audience)*

**Pilot 2.** Well... that is certainly an excellent case for good lighting and nightlights are not for sissies!

**Pilot 1.** Stairs... *(said mysteriously... suspiciously)* a treacherous site for mayhem... whether you are

going up or down them – either way... some say they are the cause of major injuries and death... medicated or pre-meditated... building codes today require handrails with stairs – use the handrail... *(pause for drama)* it could save your life.

**Pilot 2.** Yes, well... thank you... let's move on to building new brain cells... just a few quick points... find projects that challenge you... you could start simply by playing “Can You See What I See?” if you are in the company of others... it helps to have a child with you... this is also available in books or video games... playing Bridge or Chess and Checkers forces the brain to make neural connections. *(interruption)*

**Pilot 1.** Unless it is a game show or a documentary the television will turn your brain to mush!

**Pilot 2.** *(apologetically)* I think it is almost time to go. I do want to leave you with one thought... Until you notice what you have failed to notice, you cannot notice what you have not noticed. However... once

you notice what you have noticed – you cannot fail to notice that which you have noticed. (*looks meaningfully at Pilot 1. Who stares at Pilot 2 and then turns back to audience*)

**Pilot 1.** Yes... I have one last exercise I want everyone to do... (*Pilot 2 demonstrates and encourages the audience*)

Every body take a deep breath and raise both hands as far as you can over your heads... reach for the sky... now as fast as you can – seven times - touch your shoulders and reach back up to the sky – (*count up to seven*) – with both hands up and over your head wave to the right... now wave to the left... (*count to seven- 2 wave right... 2 wave left...3 wave right... 3 wave left – etc. waving back and forth*)

VERY GOOD!!! I think that is one of the finest group waves we've ever had – (*turns to Pilot 2*) – It's time to say goodbye to the nice folks....

**Pilots 1 and 2:** Goodbye nice folks... Thanks for  
sharing your time with the Pilot Club  
of \_\_\_\_\_ and BrainFinders - Your Head  
Detective agency....