

**BrainMinders™ introduces Phoebe Pilot, Ferguson the Fireman  
and the BrainMinder Buddies Traveling Road Show**

This is a puppet show that will be done as a voice over for Pilots to handle the puppets while the recorded voices act out the story. The characters and their voices are as follows:

**Phoebe Pilot (cheerleader) Valley-girl type – always up and has humor in her voice.**

**Wise Old Owl – Deep voice - very wise and kindly**

**Gerald Giraffe – Surfer type dude on wheels**

**Penny Panda – Shy, sounds like a female Winnie the Pooh**

**Hero Horse – Good Ol’ Boy Horse – Friendly and gentle**

**Martin Monkey – hyperactive – energetic – kid-like**

**Brave Bob – Friendly family dog – a McGruff type voice**

**Fiona Fox - Sophisticated foxy little girl**

**Toolip Pig – Paula Deen sound-a-like**

**Ferguson – Jolly, friendly fellow**

**Captain Kitty – paces... talks like a drill sergeant**

**Danny Deep – a little fish voice with a lisp**

*Puppet theatre set up will need a minimum of 3 puppeteers- Preselect three or more children from the audience to be helpers and demonstrators for the Stop, Drop and Roll. If needed, ask the helpers to come back stage when Phoebe starts her cheer to hold up the other puppets at the end.*

*Play music as children enter the room the music on the CD is high energy, and fun to set the stage. It is a selection of circus music.*

*Allow time use a safety quiz before and after the presentation for a benchmark of results.*

**Phoebe** *(waves)*

Hi, boys and girls! My name is Phoebe, I am a BrainMinder Buddy and today you can become a BrainMinder Buddy too! Have you met my fuzzy, funny, smart and sunny friends? Would you like to meet my fuzzy, funny friends? *(Pause for reply)*

**Phoebe** *(primps)*

Okay... are you ready? *(Hand to ear- for answer)* First... you will meet our wisest and featheriest friend... he knows all about protecting your brain. He helps all of our BrainMinder Buddies protect their brains. *(Phoebe jerks head toward audience)* Hey... where do you keep your brain? *(Points to head)* That's right... and if you don't protect your brain... you won't know what to think... and I t-h-i-n-n-n—k-k ... *(slowly)* *(Phoebe looks toward sound)* Yes! It is WISE OLD OWL! *(Excited)*

**Wise Old Owl** *(bows to the audience)*

Who-o-o-o-o-o is the wisest old owl you know? *(Looks at audience-waits for answer – other puppets point to wise old owl)* Oh... thank you very much... that's because I use my brain ALL the time. Did you know that you are pretty wise too? You use your brain ALL the time too. Your brain is like a computer only MUCH smarter. Your brain helps you *(owl uses gestures)* hear, see, walk, and taste without even thinking hard.

One of the most wonderful things you have in your brain is your IMAGINATION. When you read, your imagination lets you see and feel as if you are in the story... you can even make your own stories.

It can make playing lots of fun when you are pretending to be whatever you want to be. And when you grow up your brain helps you to **become** whatever you want to be. That is why we have to be careful to take care of our brain because we will need it for a long, long time.

Who-o-o-o-o-o used their brain today? (*Puppets gesture for children to raise their hands*) V-e-r-r-r-r-y good I'll give you an A plus! You are very smart.

Talk about **smart**... I want you to meet Gerald Giraffe... he is my expert advisor on helmet safety... Gerald! Roll out front and center buddy! (*WOO steps back*)

(Gerald skates in)

Yes sir, Wise one! Yep, I have to say... I AM an expert on Helmet safety. By golly... when I am riding and doing tricks and feeling that wind on my face... I feel s-o-o-o-o good... I don't plan to land on my head or my bottom but accidents can happen... have you ever hit your head on a wall or a sidewalk? (*Indicates children can raise their hands*) OUCH! That can cause some serious damage to your brain. Man, oh man, it can make you feel pretty bad too. It is important that you protect your brain with a helmet.

Make sure your helmet fits and that it does not wobble on your head. Play it safe and play it smart... protect your brain for life. When you are riding on a skate or snow board, skis, a bicycle, motorcycle, or a scooter – wearing the head gear can save your rear. Riding, gliding, sliding or colliding... wearing your helmet can save your brain. Yes sir, that's a fact, dudes! (*Gerald steps back*)

(Phoebe)

Gosh, Gerald you are totally awesome! You are really thinking ahead when you put on your helmet! Boys and Girls... you will LOVE our next fuzzy, cute and cuddly friend. She knows all about car seats and seat belts. In her hometown... if you don't click it – you will get a ticket. Here's Penny Panda!

*(**Penny** nods shyly to the audience- little girl voice – speaks slowly)*

Thanks! I'm still too small to ride with a seat belt but whenever I get in the car my mom fastens me in my car seat which is v-e-r-y securely fastened to the seat. She checks the seat carefully because if my Mom had to stop the car fast... I could get hurt. It would be scary and I could hurt my brain. (Nods head)

My big brother, my Mom **and** my Dad wear a seat belt every time we get in the car. If something ran in front of the car we would have to stop fast and without a seatbelt my family could get hurt or fly out of the window. (Nods head)

When I was very little I learned that it's important to protect your brain... because... of all the things you have to do when you get to be a grown-up. I want to grow up to be a w-i-s-e old Panda Bear.

*(Gestures first with wide open arms for w-i-s-e old Panda Bear...*

*Penny then bows and beckons Hero Horse to enter)*

*(**Hero Horse** – galloping in... comes to a screeching halt)*

Whoa! (*Boasting*) Hey, Penny want a ride? I'm pretty fast and I can do tricks!

Hi, buckaroos, do you know how to ride a horse? Horseback riding can be lots of fun but not all horses know how to play safe and play smart. Always look for a horse that is gentle and friendly. It is no fun

trying to ride a horse that does not want you on his back. A bucking bronco can hurt more than your feelings. Once you are on top of your horse make sure your feet fit in the stirrups. If they don't fit, you could fall off... Whoa-a-a ... could be a cactus patch! (*Shakes head*)

Puhleeze... don't ever ride alone... make sure an older person is also riding near you. ALWAYS put on your helmet. You just might land on your noggin and this will protect your brain. Once you start riding you have to be very good to your horse... you don't want him to stumble and fall so stay on the trail and don't make him walk in traffic... cars and trucks can scare a horse. (*Shivers*)

Well... little buckaroos there's lots more I could tell you but I'll be back to tell you more another day. Adios, amigos, I'm headed for the wide-open, f-r-e-e-e range! (*Hero gallops away*)

**Phoebe** enters... (*Waves in the direction of Hero's exit*)

Did anybody play at the play ground this week? (*or last week*) How many of you knew how to play safe and play smart at the playground? (pause) We are very lucky today... we have our BrainMinder Buddy playground expert with us....

(*Martin swings in chattering like a monkey...*)

**(Martin Monkey** – *playground safety*)

Hi boys and girls!!! Who likes to play on the monkey bars... you know like the ones in the coloring book where you swing back and forth like a monkey? Raise your hands! (*Looks around the room until everyone puts down their arm*)

I invented them.

**(Phoebe** looks sharply at Martin)

You did not!

**(Martin hangs his head)**

Are you sure? Maybe it was my uncle. *(Defiant)* It was somebody in my family because they call them monkey bars... They don't call them turtle bars!

**(Phoebe shakes her head and walks away)**

**Martin**

Girls! *(Disdainfully)* It doesn't really matter if you are talking about monkey bars, jungle gyms, any playground equipment... we **have** to play safe and play smart... *I am always* careful that I don't bump or crash into my friends. We always play where the ground is soft... *(Telling a secret)* I have a skate board... and when I ride it... I wear ALL of my safety equipment... my helmet, my kneepads, my elbow pads and my shin-guards... I don't just monkey around when I'm protecting my brain. *(Looks around, stage whisper)* Don't tell Phoebe about my skateboard, she doesn't know I invented it. *(Loudly)* Hey, playground buddies, I gotta go! Bye Phoebe! *(Waves in the direction of Phoebe)*

**Phoebe**

Bye Martin! He **is** an expert at playground safety but he sure is a smarty pants!

Our next expert is Brave Bob Beagle... he really is the bravest beagle that I have ever met and he is going to tell you about guns! Brave Bob... come meet these great kids! You're going to love this audience!!! *(Brave Bob enters sedately)*

**(Brave Bob - Gun Safety)**

**(Brave Bob - Gun Safety)**

You are right, Phoebe (*looking around the room*) this is a cool bunch of kids. How many of you know where a gun is hidden? Raise your hands. Do you know why it is hidden? (*Allow answers from the audience*) You are right... it is hidden to keep you safe and you should NEVER touch a gun unless an adult is supervising. Guns are very dangerous... they can hurt and even kill someone... I know a kid who was just looking at a gun... he was trying to see if there were any bullets in it and it accidentally fired. Guns are not play toys. If you see someone with a gun... get away fast... and tell an adult. You are not being a tattletale and you won't get into trouble for reporting something that you know is not safe. In fact, you could be a hero for keeping something bad from happening.

You are smart to protect your brain... the only cure for brain injury is prevention... playing it smart is playing safe!

Would you like to meet somebody who is very smart? (*Wait for answer while nodding head, then look around the room*) Every time I see her I want to howl-l-l-l... she is a fox! Really!!! Are you ready?? Fiona Fox please tell these young folks how to be street smart. (*Claps as Fiona struts into the area*)

**(Fiona Fox – Street smart)-** (*very flirtatious*)

Well... hello you good-looking kids! Satisfy my curiosity... how many of you own a purse? H-m-m-m-m-m... How many of you own a ball? Oh YES!! I have a ball and a purse and they both come in very handy. I L-u—u-u-v-v-v-v-v my ball... I could play with it all day but I am very careful. I do not play in the street with my ball and if it rolls out into the street... I let one of the older kids get it or I look both ways v-e-e-e-r-r-r-y carefully... I make sure there are no cars or

bicycles coming down the street before I get it. That is called playing it safe!

If you are playing with your friends or walking on the street and a stranger comes up to you and says they have a puppy or a kitty or candy or just anything that you might like... what are you supposed to do? That's right... you either run to your house or your friends house and tell an adult. Only your family and friends are allowed to speak with you and give you stuff. (*Wise Old Owl enters*)

**Wise Old Owl** (*Fiona stands next to WOO and nods her head*)

Fiona you are a very smart little fox. It is true, boys and girls, you can never be too careful crossing the street, playing ball or trusting strangers. That is why some people say there is ***stranger danger***... if someone you do not know speaks to you... do not speak to them... go... ask an adult you know... if they know the stranger. If the stranger is in a car or truck... run away to a safe place.

Fiona, I know you have a play date so you can run along. I will tell the boys and girls about Toolip. Bye, Fiona. (*Everyone waves as Fiona strolls away waving*)

**Wise Old Owl**

One of my favorite characters is Toolip Pig. She is one of the best cooks in town and she knows her way around a kitchen. Put your hands together for Toolip Pig!

(*Everyone claps for Toolip Pig – the epitome of southern cooks*)

**(Toolip Pig – Kitchen Safety)**

O-o-oh-h-h my stars! Look at you!! You are just as cute as june bugs!  
Oh yes, I am Toolip Pig and ah do love to cook. Ah am not cooking

today because I came to tell you how to be safe in a kitchen. Next to the bathroom the kitchen can be a pretty tricky place. You have to be especially careful of fires in the kitchen.

**(NEW -Ferguson the Fireman – fire safety)(Siren sounds and Ferguson runs in)**

Did someone say fire? Where's the fire? (*Looks around*)

**Toolip Pig**

Look everyone! It's Ferguson the Fireman. Hi Ferguson! It's great to see you. There's no fire. I was just telling the boys and girls about being safe in the kitchen and you are the expert. Why don't you tell them about fire safety, especially grease fires in the kitchen?

**Ferguson the Fireman**

By golly, Toolip... I'd love to. Boys and girls, grease fires are very serious business and there are things you need to know if you have a grease fire. First, remember to never put water on a grease fire. Wet a towel and wring it out. Then throw it on top of the fire. Most importantly, before you turn off the burner, make sure to get something to protect your hands. The best way to prevent a grease fire is to never leave food cooking on a stove unattended.

**Toolip Pig**

Wow, Ferguson! I hope these boys and girls never have a grease fire or any fire. If they do, they know how to put it out.

**Ferguson the Fireman** *(looks wistfully at Toolip)*

Toolip, I know that you are a wonderful cook. Do you have any pie?

*(Pause)*

*(Toolip shakes her head “no”)*

Well then there are some other things that I’d like to tell you about fire safety in your house.

**Toolip Pig**

Really? *(Turns to the crowd)* Would y’all like to learn more? *(Waits for them to say yes)* Great! *(Turns to Ferguson)* We’re all ears!

*(Toolip leans back)*

**Ferguson the Fireman**

Let’s see. *(Rubs his chin)* There are lots of things that can catch on fire pretty easily. Did you know you can accidentally set yourself on fire? Please, never play with matches and lighters because there are some toys and clothes such as pajamas that can catch on fire quickly. Burns are very painful so you don’t even want to go there. Please don’t use any kitchen appliance by yourself. You need an adult to help you.

If you ever are in a building when it’s on fire, don’t try to hide from the fire. I know it’s scary but don’t run to a closet, under a bed or in a corner. If there is a fire... cover your mouth and nose with anything, a

moist towel if you can. Crawl under the smoke to safety... as low to the ground as possible. Before opening a door, touch the doorknob. If it is hot, don't open it. Look for another way out. Once you are safe out side, never go back into a burning building. Do you know what to do if your clothes are on fire?

**Toolip Pig**

I do! I do! (*Looks at the crowd*) We stop, drop, and roll. Stop... Drop... and Roll (Toolip demonstrates)

**Ferguson the Fireman**

You are absolutely right. Let's have our volunteers demonstrate how we stop, drop and roll. (*Pause for demonstrators*)

Thanks, kids!

Kids make sure your family has a safety plan. You can have practice fire drills so you know how to get out in case of a fire. (*Siren sounds and Ferguson looks around*). Hey! I gotta go put out that fire!  
(*Leaves*)

**Toolip Pig**

Well... I guess he's not gonna get that piece of pie I was hiding.

(Enters Captain Kitty-boat safety and Phoebe)

**Captain Kitty**

I'll have a piece of pie.

**Phoebe**

I'll have a piece of pie too.

**Toolip Pig**

Oh no, you two have work to do. I'm gonna go have a piece of pie  
(*Captain Kitty and Phoebe wave goodbye to Toolip Pig*) (*Toolip exits*)

**Phoebe**

Well... Captain Kitty, where's your boat?

**Captain Kitty**

(*Looks around*) I couldn't bring a boat in here!

**Phoebe**

Oh! You're right. So...are you gonna tell us about boat safety  
without your boat?

**Captain Kitty**

Yes, I am Phoebe. As your Captain Kitty, I feel I should tell you about  
all the ways to be safe on a boat. I am not afraid of the water on MY  
boat. (*boasting*)

**Phoebe**

*(Speaks in a cheer tone) Super! (to the audience – stage whisper) I thought all cats were afraid of the water!*

**Captain Kitty** *(Captain Kitty paces back and forth while speaking- talks like an old sea captain)*

Boating is a lot of fun. Kids when you are on a boat you must remember at all times to, play safe, play smart. Always wear what we call a PFD, a personal floatation device on a boat. If you wear a PFD you will not be afraid of the water. Make sure there is other safety equipment on board such as a first aid kit and a fire extinguisher. Just like a good scout you must be prepared on land or sea... or maybe pond. Listen to adults when you are on a boat. Adults have experience and they know how boats operate. If you are on a small boat, let your friends and family know that you know and respect the safety rules and you will not rock the boat or scare anyone.

**Phoebe**

Aye, aye Captain! That's good advice because I know some people think it is funny to scare people but it is not! *(looks around room as if looking for someone scary)*

*(Salutes)* Boating is supposed to be fun!

**Captain Kitty**

Sure is. You can also do a little fishing while you are on the boat. As a matter of fact, I think I am going to go and do a little fishing myself. I've gotta go find my fishing rod. (*Leaves waving to audience*)

**Enters Danny Deep-swimming safety** (*little fish with a lisp*)

**Danny Deep**

Did I hear someone say fishing? I am sure glad I am not out there. Do you have a piece of pie?

**Phoebe** (*surprised*)

Danny Deep... No, you can't have a piece of pie, Toolip took it with her. You are just in time. We were just learning about boating safety and now you can tell us about swimming safety. Yay! We know that you are an excellent swimmer.

**Danny Deep**

Well... YETH!!! There's a lot to know about swimming. First of all... there are a bunch of swimming rules. Why do you think they call it a school of fish???

If you are swimming in a lake or pond, wear something to protect your feet because there is often broken glass or nails and stuff hidden in the water. If you don't know how to swim or if you are not a strong

swimmer, wear a personal flotation device or floatees that fit on your arm or an inner tube. You should always go swimming with a buddy and only swim if there is a life guard or an adult supervisor around. Don't run around the pool or lake. A slip or fall could be dangerous and you could hurt your head. When I am swimming I don't eat candy, food or chew gum and you shouldn't either. You could get a cramp and sink or even choke on it in the water. Before diving in, look or ask if there are any broken tree stumps or glass underwater. These are very dangerous and can cause a brain injury, a broken back or serious cut. Swimming is awesome and you can have a lot of fun doing it. As long as you remember... play safe and play smart.

**Phoebe**

*(Cheers)* Swimming is fun and totally great so when you do, make sure to be safe!

**Danny Deep**

That's right Phoebe. When you play safe you not only protect yourself you are helping to protect others around you.

**Phoebe**

Boys and girls, we have learned so much today! I hope you have had as much fun as I have. *(Primps for cheer and then prances out cheer)*

Whether it's riding a bike or riding a horse.

Playing on monkey bars or charting a course.

Practicing gun safety or playing ball.

Remember boys and girls, there's safety for all!

If you're learning to swim, or even to cook...

Grownups and big kids have read the book.

Need some help? That's where to look.

Be a smarty... and join our party...

Safety... safety is our plan,

we can do it... YES we can!

Everyone join me! We're going to repeat this three times!

*(All of the puppets gather... Every one joins in and repeats three times)*

Safety, safety is our plan, we can do it, yes we can!

### **Phoebe**

Thank you every body for joining your local Pilot Club and BrainMinder buddies in our Traveling Road show. We are traveling on... Play safe and play smart!

*(Everyone waves)*