

BrainMinders

Introduces

**The Pilot Club of Jasper &
The Curry High School Anchors**

and the

BrainMinder

Buddies

Safety Show

Cast of the BrainMinder Buddies Safety Show:

Narrator – Always up and has humor in her voice

Wise Old Owl – Deep voice – very wise and kindly voice

Gerald Giraffe – Surfer Dude voice

Penny Panda – Shy with an almost Winnie the Pooh type voice

Martin Monkey – Hyperactive and full of energy – child-like voice

Brave Bob Beagle – Friendly slow-talking voice

Fiona Fox – Sophisticated ritzy voice

Danny Deep – Child-like voice with a lisp

Narrator: Hi boys and girls! My name is _____ and I am a Curry High School Anchor Club member. I am a BrainMinder Buddy and today you can become a BrainMinder Buddy, too! Would YOU like to meet my fuzzy, funny friends?
(Pause for reply)

OK...are you ready? First you will meet our wisest and feather-iest friend...he knows all about protecting your brain. He helps all of our BrainMinder Buddies protect their brains!

Hey...where do YOU keep YOUR brain? (Point to the head) That's right! And if you don't protect your brain, you won't know what to think! And I think.....(slowly – drawn out) ...I think I see the Wise Old Owl coming now!

Wise Old

Owl: (Bow to audience) Whooooooo is the wisest old owl you know? (Wait for response) Oh, thank you very much! That is because I use my brain ALL the time. Did you know that you are pretty wise, too? You use YOUR brain ALL the time, too. Your brain is like a computer...only MUCH smarter! Your brain helps you (gesture with these words)...HEAR...SEE...WALK... and TASTE...without even thinking hard!

One of the most wonderful things you have in your brain is your IMAGINATION. When you read, your imagination lets you see and feel as if you are in the story...you can even make your OWN stories! It can make playing lots of fun when you are pretending to be whatever you want to be. And when you grow up, your brain helps you BECOME whatever you want to be. That is why we have to be careful to take care of our brains because we are going to need our brains for a long, long time.

Whooooooo used their brain today? Very good!! I'll give you an A plus! You are very smart! Speaking of smart...I want you to meet Gerald Giraffe. Gerald is my expert advisor on helmet safety. Oh, Gerald.....

(Gerald “skates” in)

Gerald: Yes, sir...Wise One! Yep, I have to say, I really AM an expert on helmet safety. I will tell you...when I am riding and doing tricks and feeling that wind on my face, it feels sooooo good! I don't ever plan to land on my head or my bottom...but accidents can happen. Have you ever hit your head on a wall or a sidewalk? OUCH!!! That can cause some serious damage to your brain! Man, oh, man...it can make you feel pretty bad, too. It is important that you protect your brain with a helmet.

Make sure your helmet fits and that it does not wobble around on your head. Play it safe and play it smart...protect your brain for life! When you are riding on skates or a snow board or skis or a bicycle or motorcycle, wearing head gear can save your rear! Riding, gliding, sliding or colliding...wearing your helmet can save your brain. Yes, sir...that is a fact, Dudes!!

Narrator: Gosh, Gerald...you are totally awesome! You are really thinking ahead when you put on your helmet. Boys and girls, you will LOVE our next fuzzy, cute and cuddly friend. She knows all about car seats and seat belts. In her hometown, if you don't click it – you will get a ticket. Here is Penny Panda!!

(Penny nods shyly)

Penny: Thanks! I'm still too small to ride with just a seatbelt so whenever I get in the car, my mom fastens me in my car seat which is very securely fastened to the seat. She checks the seat carefully because if my mom has to stop the car fast, she doesn't want me to get hurt. It would be scary and I could hurt my brain. (Nods head at kids)

My big brother, my mom and my dad all wear seatbelts every time we get in the car. If something ran in front of the car, we would have to stop fast and without a seatbelt, someone could get hurt or fly out the window. (Nods head at kids)

When I was very little, I learned that it is important to protect your brain because of all the things you have to do when you get to be a grown-up. I want to grow up to be a wise old Panda Bear!

Narrator: Thank you, Penny...I'm sure you will be a Wise Old Panda Bear someday! Thanks for telling us about car seats and seat belts...she seems pretty wise to me already...how about you, boys and girls?

Now, I have another question for you. Did anybody play at the playground this week? How about last week? How many of you knew how to play safe and play smart at the playground? We are very lucky today...we have our BrainMinder Buddy playground expert with us!

(Martin comes in bouncing)

Martin: Hi boys and girls!! Who likes to play on the monkey bars...you know...like the ones on the playground?? Raise your hands!! (Smugly) I invented those.

Narrator: (looking suspiciously at Martin) Martin...you did not invent Monkey Bars!

Martin: (hanging his head) Are you sure? Maybe it was my uncle. It had to be somebody in my family...I mean they named them Monkey Bars!! They didn't name them Turtle Bars!!

Anyway, it doesn't really matter if you are talking about monkey bars, jungle gyms, or any other playground equipment...we have to play safe and play smart. I am ALWAYS careful that I don't bump or crash into my friends. We always play where the ground is soft.

Psst...I will tell you a secret...I have a skateboard! When I ride it, I wear ALL of my safety equipment...my helmet, my kneepads, my elbow pads and my shin-guards...I do not monkey around when it comes to protecting my brain...(look around)...and don't tell her about my skateboard...she doesn't know that I invented it!!

Hey, buddies...gotta' go! Bye!!

Narrator: He is an expert on playground safety...but he sure is a smarty pants!!

Our next expert is Brave Bob Beagle...he really is the bravest beagle that I have ever met and he is going to tell you about GUNS!! Brave Bob, come meet these great kids! You are going to love this audience!

(Brave Bob enters slowly)

Brave Bob: Wow...you are right...this is a cool bunch of kids! How many of you know where a gun is hidden? Raise your hands if you do. Do you know why it is hidden? (Allow answers from the group) You are right...it is hidden to keep you safe and you should NEVER touch a gun unless an adult is supervising. Guns are very dangerous...they can hurt and even kill someone...I know a kid who was just looking at a gun...he was trying to see if there were any bullets in it and it accidentally fired.

Guns are not toys. If you see someone with a gun...get away fast...and tell an adult. You are not being a tattletale and you won't get into trouble for telling a grown up about something you know is not safe. In fact, you could be a hero and keep something bad from happening.

You are smart to protect your brain...the only cure for brain injury is prevention...that means playing it smart and playing it safe!

Would you like to meet someone who is very smart?? Every time I see her I want to HOWL!!! She is a fox...I mean, really...she IS a fox! Are you ready?? Fiona Fox, please come tell these students how to be street smart.

(Fiona "struts" in)

Fiona: Well...hello...you good looking kids!! Satisfy my curiosity...how many of you own a purse? Hmmmm...how many of you own a ball? Oh yes...I have a ball and a purse and they both come in very handy. I love my ball...I could play with it all day but I am always very careful. I do not play in the street with my ball...and if it rolls into the street, I let one of the older kids or a grown up get it...and they always look both ways very carefully...we have to make sure that there are no cars or bicycles coming down the street before we go get my ball...that is called playing it safe!

If you are playing with your friends or walking down the street and a stranger comes up to you and says they have a puppy or a kitty or candy or anything else you might like...what are you supposed to do? That's right...you either run to your house or your friends house and tell an adult. Only your family and friends are allowed to speak with you and give you gifts.

Wise Old

Owl:

Fiona, you are a very smart little fox. It is true, boys and girls, you can never be too careful crossing the street, playing ball, or trusting strangers. That is why some people say there is "STRANGER DANGER" ...if someone you don't know speaks to you, don't speak back to them...ask the adult you are with if they know the stranger. If the stranger is in a car or truck, run away to where the adults you know are and stay in that safe place.

Fiona, I know you have a play date so you can run along. I will tell the boys and girls about Danny Deep. Bye, Fiona!

One of my favorite characters is Danny Deep...he is one of the best swimmers in town and he knows his way around in the water. Put your hands together for Danny Deep!

Danny Deep: Did I hear someone say something about swimming?

Narrator: Hey Danny Deep! You are just in time to tell us about swimming safety. We know you are an excellent swimmer!

Danny Deep: Well, yes, there sure is a lot to know about swimming. First of all, there are a whole bunch of swimming rules. Why do you think they call it a school of fish...hahaha!!!

If you are swimming in a lake or pond, wear something to protect your feet because there is often broken glass or nails and other sharp stuff hidden in the water. If you don't know how to swim or if you are not a strong swimmer, wear a personal flotation device or floaties that fit on your arms or an inner tube. You should always go swimming with a buddy and only swim if there is a life guard or a grown-up around. Don't run around the pool or lake. A slip or fall could be dangerous and you could hurt your head. When I am swimming, I don't eat candy, food, or chew gum...and you shouldn't either. You could get a cramp and sink or even choke on it in the water. Before diving in, look or ask if there are any broken tree stumps or glass underwater. These are very dangerous and can cause a brain injury, a broken back, or a serious cut. Swimming is awesome and you can have a lot of fun doing it...as long as you remember to...play safe and play smart!!

Narrator: Swimming is fun and totally great...so when you do, make sure to be safe!

Danny Deep: That is right! When you play safe, you are not only protecting yourself, but you are also helping to protect others around you.

Narrator: Boys and girls, we have learned so much today! I hope you have had as much fun as we have!

Whether it is riding a bike, playing on monkey bars, practicing gun safety, or playing ball...

Remember, boys and girls, there is safety for all!

If you're learning to swim, be sure to look!
Grown-ups and big kids have read the book!

Be a smarty!!
Join our party!!

Safety – Safety! That's our plan!
We can do it! Yes, we can!

Everyone join me...we will repeat this three times...

Safety – Safety! That's our plan!
We can do it! Yes, we can!
(repeat 3 times)

That was great!! Thank you everybody for joining the Anchor Club and the BrainMinder Buddies in our safety plan!! Remember.....

PLAY SAFE AND PLAY SMART!!